

The image shows the interior of the Colosseum in Rome, Italy. The perspective is from the arena floor looking up at the massive, tiered stone walls. The architecture features numerous arches and windows. A large, ornate cross is visible on the ceiling, and the sky is painted on the upper part of the interior. Sunlight streams in from the right, creating a dramatic lens flare effect. The overall atmosphere is one of grandeur and historical significance.

IN THE ARENA

40 Days of Prayer Prompts

DAILY PRAYERS

We pray that these short, yet powerful truths would encourage you to put on God's armour and protection amidst spiritual battles. May you feel empowered as you meditate on his goodness and faithfulness.

Day 1

Holy Spirit, help me to be aware of the invisible world. Enable me to know and stand against the Devil's schemes so that I may not fall.

Day 2

Almighty God, protect me from the temptation of the Evil One. Transform my heart to love holiness and empower me to walk in Your righteousness.

Day 3

Holy Spirit, help me to discern good from evil and to know truth from lies. Jesus, You are the truth and You alone are good.

Day 4

Father, in Jesus, I thank you that I no longer stand condemned and accused — I am Your child. On the cross You have fully washed away my sin.

Day 5

Holy Spirit, alert me to the ways the Enemy steals, kills, and destroys. Help me to live in your love, joy, peace, and hope.

Day 6

Thank you, Lord, that my identity is found completely in You. Reveal Yourself to me and help me to see You as You are.

Day 7

Holy Spirit, help me to know Jesus more intimately and to love Your Word more deeply that I may always be wearing the belt of truth

Day 8

Jesus, I confess that I have believed the lie about You that You are _____. The truth about You is that You are _____.

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We pray that these short, yet powerful truths would encourage you to put on God's armour and protection amidst spiritual battles. May you feel empowered as you meditate on his goodness and faithfulness.

Day 9

Jesus, I confess that I have believed the lie about myself that I am _____. The truth about me is that I am _____.

Day 10

Holy Spirit, thank you that You indwell me and have given me everything that I need to live in truth. Empower me to live with integrity.

Day 11

Jesus, I confess that in my actions and behaviour, I have excused the sin of _____. Forgive me and help me to walk in obedience to Your ways.

Day 12

God, search me and test me; know my mind and my heart; align my emotions and my thoughts with the truth and lead me in the way everlasting.

Day 13

Jesus, I confess that I have believed the lie about (another person) that they are _____. Forgive me and bring healing to this relational hurt.

Day 14

Thank you, Lord, for the breastplate of righteousness that counteracts Satan's schemes of accusation and condemnation. Thank you for Your protection over me.

Day 15

Thank you, Jesus, for the gift of righteousness that You have given me. Thank you that you took my sin and in exchange I have received Your righteousness.

Day 16

Thank you, Father, that You have clothed me in Your righteousness. In God's sight, I have right standing before Him because I am hidden in Christ.

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We pray that these short, yet powerful truths would encourage you to put on God's armour and protection amidst spiritual battles. May you feel empowered as you meditate on his goodness and faithfulness.

Day 17

Lord, though the Enemy accuses me that I am _____, You say that I am righteous because the righteousness of Jesus is mine and Your word is true.

Day 18

Jesus, help me to walk in righteousness as I follow You. Fill me with Your Spirit and empower me to walk in Your way.

Day 19

Thank you, Jesus, that when I sin, I can confess and experience Your forgiveness. Thank you that You cleanse me from all unrighteousness.

Day 20

Thank you, Lord, that though the Enemy condemns me of _____, You always desire for me to come to You and in You there is always hope.

Day 21

Lord, thank you that through the shoes of the Gospel of peace, I can walk in Your authority, stand firm in all situations, and trample on evil spiritual forces.

Day 22

Lord, may Your peace that surpasses all understanding guard my heart and my mind. Help me not to be troubled or afraid. May Your peace rule in me.

Day 23

Almighty God, through wearing the shoes of the readiness of the Gospel of peace, strengthen me to stand firm against the Enemy and to not give up ground.

Day 24

Holy Spirit, help me to be prepared for spiritual battles and to stay alert. Rather than fear and uncertainty, I walk in the peace that You have given me.

DAILY PRAYERS

We pray that these short, yet powerful truths would encourage you to put on God's armour and protection amidst spiritual battles. May you feel empowered as you meditate on his goodness and faithfulness.

Day 25

Jesus, I pray for _____. Open their heart and spirit towards You. May they respond to the peace that Your Gospel brings.

Day 26

Prince of Peace, empower me by Your Spirit to be a peacemaker. Use me to bring Your peace to those who need reconciliation with others and with You.

Day 27

God, help me to take up the shield of faith each day. Teach me how to use it to extinguish every fiery dart of the Evil One.

Day 28

Lord, You have searched me and You know me. Reveal the flaming darts in my life that the Enemy uses to attack me and my faith. Help me to identify these.

Day 29

Lord Almighty, there is nothing outside of Your power. Forgive my unbelief and grant me the faith that You can quench the flaming darts of the Evil One.

Day 30

Jesus, forgive me when I believe that I can quench the Enemy's flaming darts on my own strength. This can be done only by faith that comes through Your word.

Day 31

Father, as I hear the word of God, increase my faith and enable me to resist the temptations of the Evil One.

Day 32

Holy Spirit, show me practical elements that will help my faith grow. Grant me the discipline to engage in these practices on a regular basis.

DAILY PRAYERS

We pray that these short, yet powerful truths would encourage you to put on God's armour and protection amidst spiritual battles. May you feel empowered as you meditate on his goodness and faithfulness.

Day 33

God Almighty, thank you for the helmet of salvation that protects me from fatal blows of the Enemy. The battle is Yours and in You is the victory.

Day 34

Jesus, I praise You, for salvation is in You alone. You lived the life that I could not live and died the death I could not die that I might have eternal life.

Day 35

Lord, thank you for the hope and assurance of salvation — every tear will be wiped away, pain and death shall be no more, and all things will be made new.

Day 36

Holy Spirit, reveal to me the ways that I have implicitly believed that salvation is my work rather than the work that Jesus has already done on the cross.

Day 37

Lord, forgive me when I have treated salvation simply as my ticket to heaven. Help me to live in repentance according to the new life I have in You.

Day 38

Jesus, thank you that in You, I do not stand condemned. You have set me free from the law of sin and death and empowered me to live according to my salvation.

Day 39

Father, thank you that with salvation, I have a new identity in You. You have adopted me as Your child, given me Your Spirit, and made me co-heirs with Christ.

Day 40

Father, teach me to pray the Word of God. When my own words fail, grant me Your words. Fill me with Your Spirit to pray as You do, Jesus.